

COLLEGEWIDE COURSE OUTLINE OF RECORD

NRSG 100, FUNDAMENTALS OF NURSING

COURSE TITLE: Fundamentals of Nursing

COURSE NUMBER: NRSG 100

PREREQUISITES: Admission to a Nursing Program

COREQUISITES: NRSG 101 Fundamentals of Nursing Lab

SCHOOL: Health Sciences

PROGRAM: Nursing

CREDIT HOURS: 3

CONTACT HOURS: Lecture: 3

DATE OF LAST REVISION: Spring, 2006

EFFECTIVE DATE OF THIS REVISION: Fall, 2008

CATALOG DESCRIPTION: Examines the roles of the licensed practical nurse and the registered nurse as members of the health care team. Provides an overview of the five components of the nursing process. Explores the nurse's role in providing for basic physiological, psychosocial, cultural, intellectual, and spiritual needs of patients. Introduces fundamental principles of therapeutic communication and teaching/learning.

MAJOR COURSE LEARNING OBJECTIVES: Upon successful completion of this course the student will be expected to:

1. Describe the basic components of the program philosophy.
2. Describe the function of the members of the health care team.
3. Compare and contrast the roles of the licensed practical nurse and the registered nurse.
4. Describe historical and current milestones that have influenced today's health care environment.
5. Describe basic ethical and legal principles utilized in providing patient care.
6. Explain the five components of the nursing process within the context of the wellness-illness continuum.
7. Identify fundamental principles of the teaching-learning process.
8. Identify basic physiological, psychosocial, cultural, intellectual, and spiritual needs common to all patients across the lifespan.
9. Identify basic nursing interventions utilized to meet basic physiological, psychosocial, cultural, intellectual, and spiritual needs of patients.
10. Identify fundamental principles of communication necessary for interactions with patients, their significant others, and members of the health care team.
11. Describe fundamental principles of nursing documentation.
12. Practice fundamental principles of drug dosage calculation.
13. Identify basic nutritional concepts.

COURSE CONTENT: Topical areas of study include –

- History of nursing
- Therapeutic communication
- Cultural diversity
- Roles of the nurse
 - LPN vs. RN
 - Advocacy
 - Professionalism
 - Ethical and legal principles
- Infection control
 - Standard precautions
 - Hand washing
 - Asepsis
- Body mechanics
- Safety
- Vital signs
- Nursing process
- Nutrition
- Comfort/pain
- Death and dying
- Hygiene
- Elimination
- Simple documentation
- Simple medical math problems

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