COLLEGEWIDE COURSE OUTLINE OF RECORD

NRSG 100, FUNDAMENTALS OF NURSING

COURSE TITLE: Fundamentals of Nursing
COURSE NUMBER: NRSG 100
PREREQUISITES: Admission to a Nursing Program
PRE/COREQUISITES: APHY 102 Anatomy and Physiology II
COREQUISITES: NRSG 115 Nursing Lab
SCHOOL: Nursing
PROGRAM: Nursing
CREDIT HOURS: 3
CONTACT HOURS: Lecture: 3
DATE OF LAST REVISION: Fall, 2015
EFFECTIVE DATE OF THIS REVISION: Spring, 2016

CATALOG DESCRIPTION: Examines the roles of the licensed practical nurse and the registered nurse as members of the inter/intraprofessional team in today’s health care systems. Provides an overview of essential components of the nursing process. Explores the nurse’s role in providing for basic physiological, psychosocial, cultural, intellectual, and spiritual needs of patients. Introduces fundamental principles of therapeutic communication and teaching/learning.

MAJOR COURSE LEARNING OBJECTIVES: Upon successful completion of this course the student will be expected to:

1. Describe the scope of practice, roles, and level of individual accountability and responsibility of the nurse as member of the inter/intraprofessional health care team. (SLO 1, 7)
2. Identify historical and current milestones that influence today’s health care systems.
3. Describe professional, legal and ethical guidelines, to provide collaborative, safe, and culturally competent, and holistic patient-centered care. (SLO 1)
4. Explain essential components of the nursing process within the context of the wellness-illness continuum across the lifespan.
5. Describe nursing interventions and utilization of evidence-based practice to promote safe, effective, culturally, competent, and holistic patient care. (SLO 4)
6. Identify therapeutic communication practices that foster effective collaboration with patients, families and inter/intraprofessional health care teams for planning and delivery of quality patient care. (SLO 5)
7. Describe fundamental principles of nursing documentation and use of technology including the electronic health record. (SLO 3)
8. Demonstrate fundamental principles of drug dosage calculation.
9. Identify basic nutritional concepts.
10. Describe concepts utilized to promote a culture of caring and advocacy, demonstrate respect for individual patient preferences, respect for individual values and needs. (SLO 6)
11. Identify and describe basic physiological, psychosocial, cultural, intellectual, and spiritual components of patient needs to improve quality and safety of patient care in a variety of health care settings. (SLO 2)

COURSE CONTENT: Topical areas of study include –

History of nursing
Therapeutic communication
Cultural diversity
Scope of practice, roles, and level of accountability of the nurse
   - Advocacy
   - Professionalism
Ethical and legal principles
Inflammation and Infection Control
   - Standard precautions
   - Hand washing
   - Asepsis
Mobility
Safety
   - QSEN
Tissue Integrity
   - Hygiene
Oxygenation
Vital signs
Nursing process
Nutrition and Fluid Balance
Comfort/pain
Sensory Perception
Psychosocial
   - Death and dying
Elimination
Documentation/Electronic health record
Dosage calculations
Inter/intraprofessional health care teams

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