COLLEGEWIDE COURSE OUTLINE OF RECORD

NRSG 126, MENTAL HEALTH NURSING

COURSE TITLE: Mental Health Nursing
COURSE NUMBER: NRSG 126
PREREQUISITES: NRSG 102 Medical-Surgical Nursing I, NRSG 105 Medical-Surgical Nursing I Clinical and NRSG 115 Nursing Lab
PRE/COREQUISITES: NRSG 106 Pharmacology for Nursing
COREQUISITE: NRSG 127 Mental Health Nursing Clinical
SCHOOL: Nursing
PROGRAM: Nursing
CREDIT HOURS: 2
CONTACT HOURS: Lecture: 2
DATE OF LAST REVISION: Fall, 2018
EFFECTIVE DATE OF THIS REVISION: Fall, 2019

CATALOG DESCRIPTION: Builds upon previous knowledge of mental health concepts to provide an understanding of mental health disorders. Explores the role of the Associate Degree Nurse while using the nursing process to provide the framework for problem solving and critical thinking in providing nursing care in the mental health settings. Explores the ordered plan of care for mental health disorders. Identifies the nurse's accountability for the legal and ethical issues inherent in mental health-nursing.

MAJOR COURSE LEARNING OBJECTIVES: Upon successful completion of this course the student will be expected to:

1. Identify the Associate Degree Nurse’s responsibility and accountability in relation to legal and ethical issues which may be encountered in the mental health setting. (SLO 1, 7)
2. Define the role of the Associate Degree Nurse as a member of the inter/intraprofessional health care team to achieve quality, individualized, and patient centered care. (SLO 1, 5, 7, 8)
3. Discuss mental health concepts including milieu management. (SLO 4)
4. Describe appropriate nursing interventions and evaluation of effectiveness in the mental health settings to include culture, diversity, ethnicity, patient values, and best practice standards. (SLO 1, 2, 4, 6)
5. Discuss the nursing process incorporating evidenced based practice in the care of individuals experiencing mental health disorders. (SLO 4, 7)
6. Describe advanced therapeutic communication techniques to interact with patients, their significant others, and members of the inter/intraprofessional team in the mental health setting. (SLO 1, 5)
7. Discuss appropriate teaching and learning needs of individuals experiencing alterations in mental health including the use of technology to enhance communication. (SLO 5, 6)
8. Discuss safe, effective pharmacological and non-pharmacological interventions to address patient care needs in the mental health setting. (SLO 1, 4)
COURSE CONTENT: Topical areas of study include –

Philosophical concepts related to individuals, environment, nursing, health and the nursing education process
Theories related mental health
Therapeutic Roles
Milieu management
Classifications of mental health disorders/DSM 5
Legal and ethical aspects of mental health care
Overview of psychobiology
Symptomology, medications and treatments, and nursing process pertinent to:
  Anxiety disorders
  Somatic and dissociative disorders
  Personality disorders
  Schizophrenia spectrum
  Depressive disorders
  Bipolar and related disorders
  Feeding and eating disorders
  Neurocognitive disorders
  Substance use and addictive disorders
  Sexual disorders
  Violence, abuse, and neglect
  Stress disorders
Culture and ethnic considerations
Pharmacological and non-pharmacological interventions in the mental health setting
Dosage Calculations

HOW TO ACCESS THE IVY TECH COMMUNITY COLLEGE LIBRARY:

The Ivy Tech Library is available to students’ on- and off-campus, offering full text journals and books and other resources essential for course assignments. Go to http://www.ivytech.edu/library/ and choose the link for your campus.

ACADEMIC HONESTY STATEMENT:

The College is committed to academic integrity in all its practices. The faculty value intellectual integrity and a high standard of academic conduct. Activities that violate academic integrity undermine the quality and diminish the value of educational achievement.

Cheating on papers, tests or other academic works is a violation of College rules. No student shall engage in behavior that, in the judgment of the instructor of the class, may be construed as cheating. This may include, but is not limited to, plagiarism or other forms of academic dishonesty such as the acquisition without permission of tests or other academic materials and/or distribution of these materials and other academic work. This includes students who aid and abet as well as those who attempt such behavior.

ATTENDANCE:
Students are expected to attend and participate regularly in class meetings, online learning activities and other activities assigned as a part of a course of instruction. Faculty are required to report student participation in compliance with institutional policies and federal financial aid guidelines. Faculty and staff shall be sensitive to students’ religious beliefs and observances, including an expectation that instructors make reasonable arrangements when a student must miss an exam or other academic exercise due to their religious observance. When notified in advance, and when possible, faculty will make allowances for students to make up missed work.

COPYRIGHT STATEMENT:

Students shall adhere to the laws governing the use of copyrighted materials. They must insure that their activities comply with fair use and in no way infringe on the copyright or other proprietary rights of others and that the materials used and developed at Ivy Tech Community College contain nothing unlawful, unethical, or libelous and do not constitute any violation of any right of privacy.

ADA STATEMENT:

Ivy Tech Community College seeks to provide reasonable accommodations for qualified individuals with documented disabilities. If you need an accommodation because of a documented disability, please contact the Office of Disability Support Services.

If you will require assistance during an emergency evacuation, notify your instructor immediately. Look for evacuation procedures posted in your classroom.

TITLE IX STATEMENT:

Ivy Tech Community College is committed to providing all members of the College community with a learning and work environment free from sexual harassment and assault. Ivy Tech students have options for getting help if they have experienced sexual assault, relationship violence, sexual harassment or stalking. This information can be found at https://www.ivytech.edu/prevent-sexual-violence/index.html.

If students write or speak about having survived sexual violence, including rape, sexual assault, dating violence, domestic violence, or stalking, federal law and Ivy Tech policies require that instructors share this information with the Campus Title IX Coordinator. The Campus Title IX Coordinator will contact students to let them know about accommodations and support services at the College and in the community as well as options for holding accountable the person who harmed them. When contacted, students are not required to speak with the Campus Title IX Coordinator.

If students do not want the Title IX Coordinator notified, instead of disclosing this information to their instructor, students can speak confidentially with certain individuals at the College or in the community. A list of these individuals can be found at https://www.ivytech.edu/prevent-sexual-violence/index.html under Confidential Employees and/or Community Resources.