COLLEGEWIDE COURSE OUTLINE OF RECORD

TMAS 240, ADVANCED SPORTS MASSAGE

COURSE TITLE: Advanced Sports Massage
COURSE NUMBER: TMAS 240
PREREQUISITES: TMAS 201 Sports Massage, Injuries and Hydrotherapies
SCHOOL: Health Sciences
PROGRAM: Therapeutic Massage
CREDIT HOURS: 3
CONTACT HOURS: Lecture: 2  Lab: 2
DATE OF LAST REVISION: Fall, 2011
EFFECTIVE DATE OF THIS REVISION: Fall, 2012

CATALOG DESCRIPTION: This course will continue the work of TMAS 201 Sports Massage, Injuries and Hydrotherapies. The course will give the student an understanding of the protocol for working with professional teams. The team concept of (physician, trainer, coach, physical therapist, and massage therapist as one team unit) will be discussed. The student will gain marketability from advanced sports massage techniques.

MAJOR COURSE LEARNING OBJECTIVES: Upon successful completion of this course the student will be expected to:

1. To work in different environments.
2. Work one on one with professionals.
3. Gain thorough knowledge of how they fit in the sports massage business.
4. To come away with the best marketability in the area.
5. Work with sports rehabilitation.
6. Work with Semi/Pro sports teams.
7. Work with athletic trainer.

COURSE CONTENT: Topical areas of study include –

Injury assessment and documentation
Protocol of working with professional athletes
Working within a professional athletic organization
Working on a medical team
Advanced taping techniques
Advanced stretching/resistance training
Sporting event setup
Sports massage proposal presentation to executives
Administration of sports massage programs
HOW TO ACCESS THE IVY TECH COMMUNITY COLLEGE LIBRARY:

The Ivy Tech Library is available to students’ on- and off-campus, offering full text journals and books and other resources essential for course assignments. Go to http://www.ivytech.edu/library/ and choose the link for your campus.

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The College is committed to academic integrity in all its practices. The faculty value intellectual integrity and a high standard of academic conduct. Activities that violate academic integrity undermine the quality and diminish the value of educational achievement.

Cheating on papers, tests or other academic works is a violation of College rules. No student shall engage in behavior that, in the judgment of the instructor of the class, may be construed as cheating. This may include, but is not limited to, plagiarism or other forms of academic dishonesty such as the acquisition without permission of tests or other academic materials and/or distribution of these materials and other academic work. This includes students who aid and abet as well as those who attempt such behavior.

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