

COLLEGEWIDE COURSE OUTLINE OF RECORD

TMAS 207, THERAPEUTIC MASSAGE EXPERIENTIAL SEMINAR

COURSE TITLE: Therapeutic Massage Experiential Seminar

COURSE NUMBER: TMAS 207

PREREQUISITES: APHY 102, Anatomy and Physiology II, TMAS 202 Muscle Release and TMAS 205 Pathology and Massage

COREQUISITES: APHY 102, Anatomy and Physiology II, TMAS 202 Muscle Release and TMAS 205 Pathology and Massage

SCHOOL: Health Sciences

PROGRAM: Therapeutic Massage

CREDIT HOURS: 2

CONTACT HOURS: Lecture: 0.75 Externship: 6.25

DATE OF LAST REVISION: Fall, 2014

EFFECTIVE DATE OF THIS REVISION: Fall, 2015

CATALOG DESCRIPTION: This course provides the opportunity to observe, discuss and perform basic therapeutic massage related procedures under supervision, with learning experiences that prepare the student for practice in therapeutic massage clinics and/or health care facilities. Students refine palpation skills necessary to evaluate the human body and energy systems as well as a deeper understanding of muscular anatomy. In addition, students further develop their professional and business acumen. Additional supervised table hours of practice outside of class are required and will be determined by the instructor.

MAJOR COURSE LEARNING OBJECTIVES: Upon successful completion of this course, the student will be expected to:

1. Perform duties of the massage therapist within the scope of practice of the position, laws of the state of Indiana, and ethics of the industry.
2. Demonstrate a working knowledge of massage techniques and movements within the scope of practice for the massage therapist.
3. Demonstrate a working knowledge of the effects and contraindications of massage and the appropriateness of referral to a health care provider.
4. Demonstrate checking all equipment for safety and readiness.
5. Demonstrate the process of performing a client intake and assessment to determine appropriateness and application of massage.
6. Demonstrate the ability to develop a treatment plan in conjunction with client needs and expectations within the massage therapist's scope of practice.
7. Apply established procedures for maintaining sanitary conditions in the massage facility and of massage equipment and supplies.
8. Demonstrate a working knowledge of endangerment sites and when and where certain massage movements should or should not be used.
9. Recognize the importance of maintaining confidentiality of clients and proprietary business information.
10. Demonstrate knowledge of business skills and office procedures.

COURSE CONTENT: Topical areas of study include –

Responsibilities and duties of the massage therapist
Scope of practice for massage therapist
Effects, benefits, indications and contraindications of massage
Client assessment techniques
Massage modalities & technique applications
SOAP Note documentation
Equipment and facility safety and sanitation
Appropriate forms and documentation for treatment
Treatment plans
Endangerment site awareness
Confidentiality
Business requirements and procedures

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The Ivy Tech Library is available to students on- and off-campus, offering full text journals and books and other resources essential for course assignments. Go to <http://www.ivytech.edu/library/> and choose the link for your campus.

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